



Allergy test using the Prick-test



What: Do you suffer from hay fever, a food allergy or an allergic bronchial asthma? So that we can find out exactly what you are allergic to, we will carry out a skin test on you.

How: You are not allowed to take any allergy medication for 3 days before the test. Your parents will receive a letter that describes the process exactly once again. Your arms should also not be treated with any creams on the day of the test. We need them for the test!

The practice assistant will drip various solutions onto your forearms. These contain the allergens that we want to test for. The solutions will then be pricked into your skin using a piece of plastic that has a small pin at the bottom. You will briefly feel this, but it doesn't hurt! We then have to wait for 10 to 15 minutes. You will see small areas of redness and swellings forming on your skin (so-called wheals). These could be signs of an allergy.

The wheals will itch - but you mustn't scratch them! Once we have read off the test, you will be given a cooling cream to counter the allergic reaction. Finished!